

CenteringPregnancy



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What is CenteringPregnancy?

Group prenatal care

**Health
Assessment**

**Interactive
Learning**

**Community
Building**



**HEALTH
ASSESSMENT
HAPPENS IN
THE GROUP
SPACE**





**PATIENTS ENGAGE
IN SELF-CARE
ACTIVITIES**





**GROUPS ARE
FACILITATED TO BE
INTERACTIVE**



**EACH SESSION
HAS A PLAN,
BUT EMPHASIS
MAY VARY**





**GROUP MEMBERS,
INCLUDING
FACILITATORS AND
SUPPORT PEOPLE,
ARE CONSISTENT**



**GROUPS ARE
CONDUCTED IN
A CIRCLE**





**THERE IS TIME
FOR SOCIALIZING**





**GROUP SIZE
IS OPTIMAL FOR
INTERACTION**





- Higher rates of breastfeeding
- Higher rates of adequate prenatal care
- Lower rates of gestational diabetes
- Lower rates of cesarean section

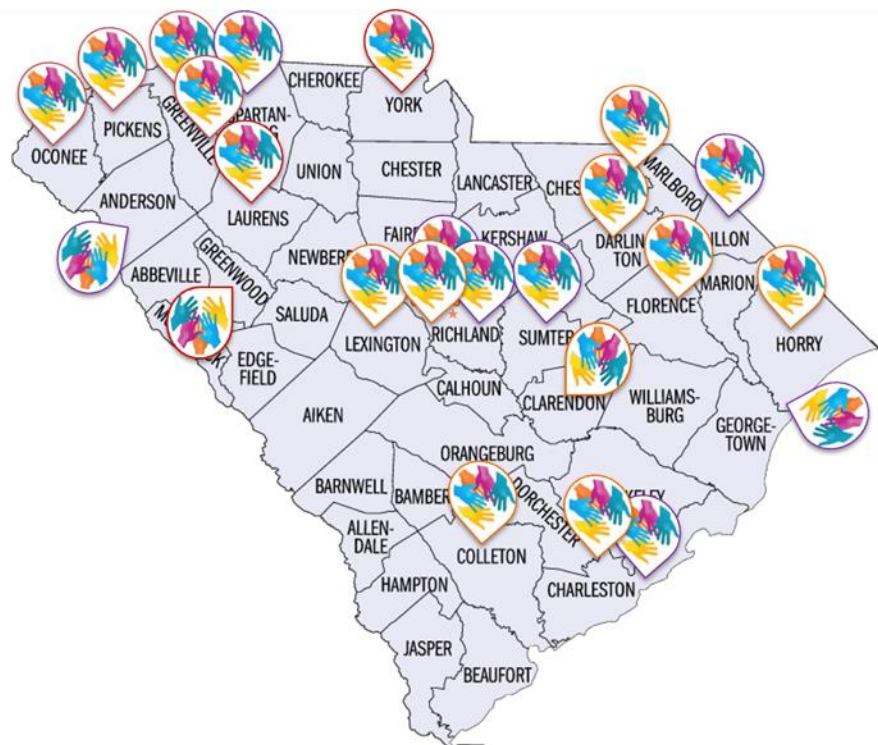


OUTCOMES



SC CenteringPregnancy Expansion Sites

1. AnMed Health Family Medicine, Anderson
2. Blue Ridge Women's Care in Seneca
3. Carolina OB/Gyn, Georgetown & Murrell's Inlet
4. Carolina OB/Gyn in Spartanburg
5. Carolina Women's Center, Clinton
6. Coastal Carolina Ob/Gyn, Conway
7. GHS OB/GYN Center, Greenville
8. Greenville Midwifery Care, Greenville
9. Hartsville Women's Care, Hartsville
10. Lexington Women's Health, Lexington
11. Low Country Women's Services, North Charleston
12. McLeod OB/GYN, Cheraw
13. McLeod OB/Gyn Associates in Dillon
14. McLeod Women's Care, Clarendon
15. McLeod Women's Care, Florence
16. MUSC Women's Health, Charleston
17. Montgomery Center for Family Medicine, Greenwood
18. Mountain View OB/GYN, Easley
19. North Central Family Medicine Center, Rock Hill
20. Palmetto Health Women's Center, Columbia
21. Parkridge OB/Gyn in Columbia
22. Sumter OB/Gyn, Sumter
23. University Specialty Clinics, Columbia
24. Walterboro OB/GYN, Walterboro



South Carolina Centering Outcomes

All Centering Sites Combined (Medicaid patients only, n=2330)	% difference in outcome likelihood for women in Centering
Preterm birth <37 weeks	-19.5%
Low birth weight <2500 grams	-25.1%
NICU admission	-33.2%
Breastfeed	53.8%
Cesarean section	-5.7%
Gestational diabetes	-10.7%

South Carolina Centering Cost Savings

**\$13.2
million**

Number needed to treat:

- 30** women in groups prevents 1 NICU admission
- 25** women in groups prevents 1 preterm birth
- 22** women in groups prevents 1 LBW infant

Healthcare savings from these three outcomes to date in SC:**

- 4,206 births = \$13.2M savings
 - 141 averted NICU * \$27,249
 - 169 averted LBW * \$29,627
 - 192 averted PTB * \$22,667



SC CenteringPregnancy Expansion Sites

Only 3 states have more Centering sites than South Carolina:

	# of Centering sites	# of births	# of CP sites/birth
California	34	491,748	14,463
New York	33	237,274	7,190
Texas	32	403,618	12,613
SC	24	58,139	2,422